

## Grand Island Public Schools **PARENTING**

**Course Length:** One semester

**Grade Levels:** 11, 12

**Prerequisite Courses:** None

### **Course Description:**

This course helps students recognize and practice responsible parenting skills. Students learn about parent readiness issues, conception and fertility, pregnancy, delivery and birth, and caring for infants.

### **Parenting Course Standards**

#### **As a result of their participation in this course, students will:**

- Explain how one can learn about children from theories and observations.
- Explore the importance of family.
- List and explain the different responsibilities of being a parent.
- Compare parenthood options of marriage, single parenting and adoption.
- Identify characteristics of successful parenting practices.
- Understand conception, pregnancy, and birthing issues.
- Explain adjustments needed to cope with a newborn.
- How to nurture a child's physical, social, emotional, and cognitive development.
- Describe ways to maintain a child's health and safety.