

Grand Island Public Schools ADULT LIVING

Course Length: One semester

Grade Levels: 11, 12

Prerequisite Courses: None

Course Description:

This course addresses ways to become responsible adults who have a high level of health, happiness, and success in life. Students will become aware of the importance of building healthy relationships and strong families, which will impact future family life. Concepts explored include understanding yourself, getting along with others, and skills needed to improve conditions for living as adults.

Adult Living Course Standards

As a result of their participation in this course, students will:

- Describe how self-esteem, values, goals, wants and needs influence decision-making.
- Use good communication skills to maintain relationship.
- Explain healthy relationships in friendship, families, dating and marriage.
- Analyze how family structure, stage of life cycle, and culture impact families.
- Determine ways to efficiently manage financial, time and other resources at work and home.
- Describe responsibilities associated with the role of parenting.
- Develop managing skills for a healthy lifestyle.
- Identify community resources for families.
- Examine issues facing family members in today's society.