

## **Grand Island Public Schools LIFE SKILLS**

**Course Length:** One Semester

**Grade Level:** 8

**Course Description:** Students develop skills on a variety of life skill topics. Units include Junior Chefs I and II, Parenting/Baby Think It Over, Sewing I and II, Planning a Lifestyle, Dating Decision, Family Ties and Designing Your Turf.

### **Life Skills Course Standards**

**As a result of participation in this course, students will:**

- Use kitchen equipment appropriately and safely.
- Identify and explore the relationship between food choices, weight management and health.
- Manage resources by unit pricing, comparison shopping, and reading food labels.
- Learn and practice socially acceptable mealtime manners.
- Identify and demonstrate basic parenting skills.
- Use sewing technology to create simple projects.
- Explore career choices and education, linking them to lifestyle options.
- Recognize consequences of decisions regarding dating behavior.
- Understand family functions and build family strengths.
- Apply basic interior design fundamentals to a room project.